

Knitting Room @ Legion, 12:30 pm A drop in to learn, work on a project and have



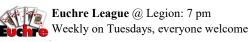
Pickleball @ Arena Wednesdays: 6 pm, Thursday's: 6:30 pm



Mobile Health Care @ Arena: 9:30 to 2:30 A walk in service, no referrals needed, no cost. This is a medical clinic on wheels.



9:30 am: upstairs at the Municipal office. N Every Tuesday morning



Calendar Symbol Legend

Pool League @ Legion: 7 pm Weekly until June, everyone welcome

LEO Senior Exercise @ Arena: Thursdays: 9-10 am



Killer Bees Home Games @ arena Start time with Bee

Mom & Tots Skating: 10 am @ arena Tuesday & Thursday mornings.

Good to Know Numbers

Below is a list of phone numbers that could be very useful.

911: Police, Fire, Ambulance 988: Suicide Prevention Line 811: Access to trusted health advice and support 211: support of any kind. The staff will help direct you to the support that fits your particular need **Family Counselling Center:** Serves all of Sarnia/Lambton County 519-336-0120 **LEO:** Lambton Elderly Outreach 1-800-265-0203 Lambton Public Health: 1-800-387-2882 **Canadian Mental Health Association:** 1-800-307-4319 County of Lambton—Housing services: 1-800-387-2882 For a full list of directories and updates contact:

Lambton Public Health

160 Exmouth St. Point Edward, ON N7T 7Z6 Www.lambtonhealth.on.ca



Alvinston Library

Learning for Life: March 1, 7, 14, 21 Toddler Tales: March 4, 11, 18, 25 Afterschool Kids Club: March 5, 12, 19, 26 Adult DIY: March 14 Saturday Story Time: March 2, 9, 16, 23, 30 Tween Book Club: March 19 Book Club: March 21 Building with Contraptions: March 12, 15, 19, 22, 23 Silhouette Die Cutter Training: March 15, 16 One Book Lambton: March 22 Health Education with N. Lambton Health Center: March 28

Inwood Library

Baby Rhyme Time: March 2, 16, 23, 30 French Story Time: March 2, 16, 23, 30 Afterschool Kids Club: March 5, 12, 19, 26 Build with Simple Structures II: March 14 Adult DIY: March 5 March Break Kids Club: March 14 Book Club: March 19 Learning for Life: March 26 Tech Tudor: March 28 Genealogy Club: March 28

Coming Events

Optimist Trivia Night: April 13 Ed Molzan Annual Euchre Tournament: Sunday, April 14 @ Legion Legion Elimination Draw & Chili Cookoff: April 20 Rabies Clinic: April 27 @ Arena Pavilion